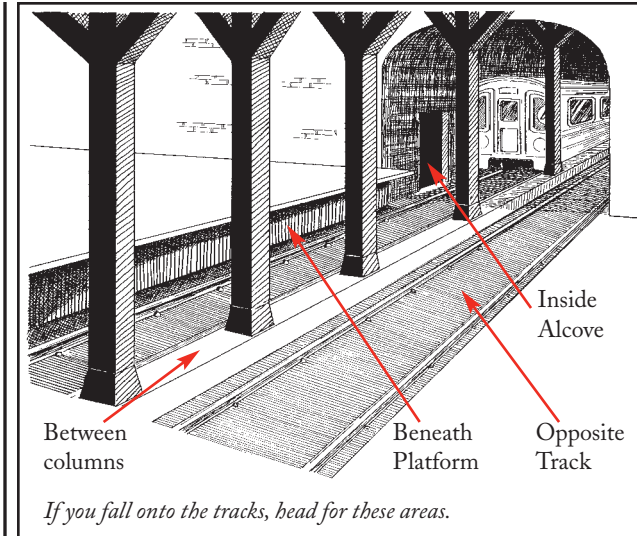


# HOW TO SURVIVE A FALL ONTO SUBWAY TRACKS

- 1** Do not attempt to climb back onto the platform unless you are certain that you have enough time to do so.  
If a train is approaching, you will need to act quickly.

- 2** Avoid areas of the ground near the track and the wall that are marked with a strip of tape or with red and white painted stripes.  
Such markings indicate that the train passes extremely close to these areas, and you will not have enough clearance. In areas with these markings, there should be alcoves every several yards. These alcoves are safe to stand in if you can fit within them.

- 3** If the tracks are near a wall, check to see if there is enough space to stand between the train and the wall.  
Clearance of 1½ to 2 feet should be enough. Remove any articles of clothing or bags that could catch on the train. Stand straight, still, and tall facing the train, which will pass just inches in front of you.



- 4** If the tracks are located between the platform and another set of tracks, you may be able to move to the other track instead.  
Be mindful of trains approaching on the other side. Cross the third rail (which carries the electric current) by stepping completely over it—do not step on the wooden guard, since it may not hold you.
- 5** If a line of columns separates the tracks from other tracks, stand between the columns.  
Remove any articles of clothing or bags that could catch on the train, and stand straight, still, and tall.

**6** Check to see if there is enough space for you to crawl under the lip of the concrete platform and avoid the train.

Use this only as a last resort—this strategy is not recommended since all platforms are different.

### Alternatives

If none of these options is feasible, you have two other choices.

- Run past the leading end of the platform, beyond where the front car will stop.

Since trains running on the track closest to the platform are likely to stop at a station (as opposed to express trains, which usually run on center tracks), you can clear the train by running well past the leading end of the platform and thus the front car. (Note: This method will not work for express trains that only stop at some stations, so you are taking your chances.)

- If there is a depression in the concrete between the rails, lie down into it—there will be enough room for a train to pass over you. (Use this method only in desperation—the train may be dragging something, or there may not be enough clearance.)

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